

Rich Rewards

Wave hello to fall's easiest upgrades: a splash of unseasonably warm nail polish, and deep treatments for hands and feet that will keep yours in top shape.

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Southwest Exposure

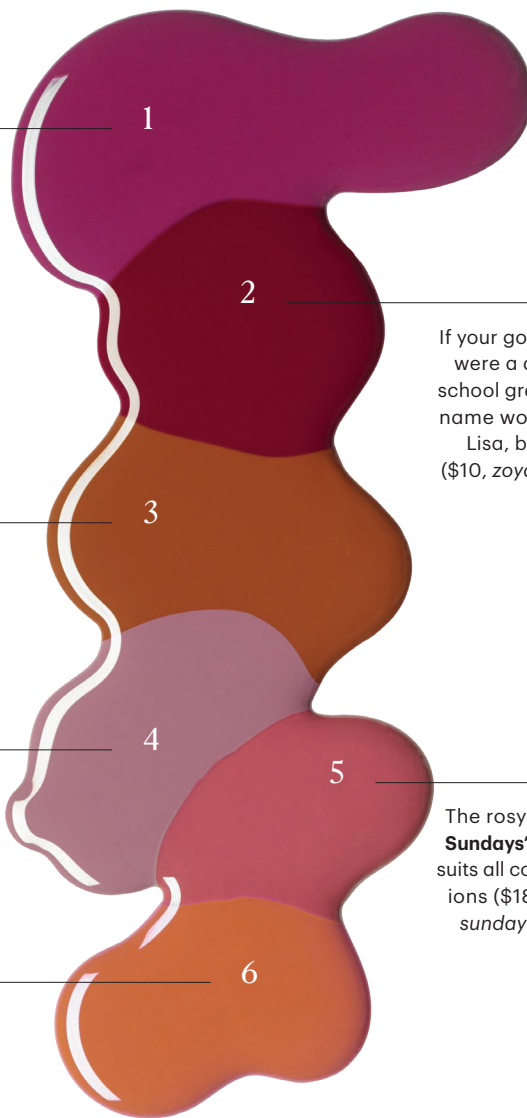
Brisk weather may be on the horizon, but we're basking in nail colors that put you in front of a desert sunset—from soft-lilac skies to terra-cotta to twilight purple. The organic feel of these shades makes them easy to pull off, no matter your skin tone, says Sigourney Nunez, North America education manager for OPI. To ensure that the hues last, start with a base coat, says New York City nail artist Gina Edwards. Apply a layer of polish; let it dry for at least a minute. Brush on another, then swipe the nail edges to prevent chipping. Finish with a top coat, and ride on.

A bottomless burgundy, **Essie's** Swing of Things begs for a cozy sweater (\$9, essie.com).

Here's a new neutral: **OPI's** autumnal My Italian Is a Little Rusty (\$13, opi.com).

Lavender merges with pink in **Sundays' No. 26**, a creamy mauve (\$18, [dear sundays.com](http://dear-sundays.com)).

Yes, you can rock orange. **OPI's** Have Your Panettone and Eat It Too is surprisingly versatile (\$13, opi.com).



If your go-to red were a drama-school grad, her name would be Lisa, by **Zoya** (\$10, zoya.com).

The rosy tint of **Sundays' No. 24** suits all complexions (\$18, [dear sundays.com](http://dear-sundays.com)).



RAVE REVIEWS

Healing Power

Crack down on tough foot calluses with one of these deeply moisturizing salves. **Nucifera's The Balm** drenches dryness with an aromatic blend of mango butter and coconut, avocado, and lavender oils (\$40 for 4 oz., nuciferabody.com).

If roughness is riling you up, buff it away with **Biopelle exfoliating heel cream** (\$70, biopelle.com). The 30 percent-glycolic acid formula melts dead cells in 30 minutes, and you'll have baby-soft skin that glides across your sheets. And for weary soles (that's you, power walkers), massage in **Thera Intensive foot cream**, by **Lavido**. It hydrates with almond and jojoba oils, while antifungal tea-tree oil sparks a pleasant tingle (\$28, lavido.com).
—Claire Sullivan

MARTHA'S PICKS

THUMBS UP



Martha is happily hands-on during the holidays, whether she's rolling out pie dough, arranging centerpieces, or polishing silverware. To refresh her nails, she loves **Deborah Lippmann's Cuticle Lab**—a kit with a cuticle remover, oil, repair cream, and a pusher that she takes with her to manicures. And she keeps Lippmann's **Marshmallow Whipped hand-and-cuticle scrub** within arm's reach at home. It combines exfoliating perlite (a volcanic substance) with soothing glycerin for silky skin on contact (\$45 and \$29, deborahlippmann.com).